

WHAT TO DO IF YOU HAVE SYMPTOMS OF COVID-19



Fever



Cough or sore throat



Loss of taste or smell



ISOLATE AND MAKE A QUICK TEST AT HOME

What to do according to results got?



The people who live under the same roof must also isolate themselves.

1^{er} test

Positive

ISOLATE YOURSELF



Negative

ISOLATE YOURSELF and do a 2nd test 24 hours later



+



2nd test

Positive

ISOLATE YOURSELF



Negative

Resume your activities respecting the health instructions

DURATION OF ISOLATION

If you don't have no testing fast:

isolate yourself



Isolation begins from the date of onset of symptoms or sample collection if no symptoms.

12 years and over		Less than 12 years	People immunosuppressed
Adequately vaccinated	5 DAYS* (the next 5 days with the wearing of mask)	5 DAYS and redo a quick test after the 5 th day.	21 DAYS
No adequately vaccinated	10 DAYS	<ul style="list-style-type: none"> If the test is positive, to chase isolation for 5 days additional. If the test is negative, the child can resume his activities.* 	

* If symptoms improve and after at least 24 hours without fever.

[Quebec.ca/testCOVID-19](https://quebec.ca/testCOVID-19)

Specifics may apply, consult [Quebec.ca/isolation](https://quebec.ca/isolation).